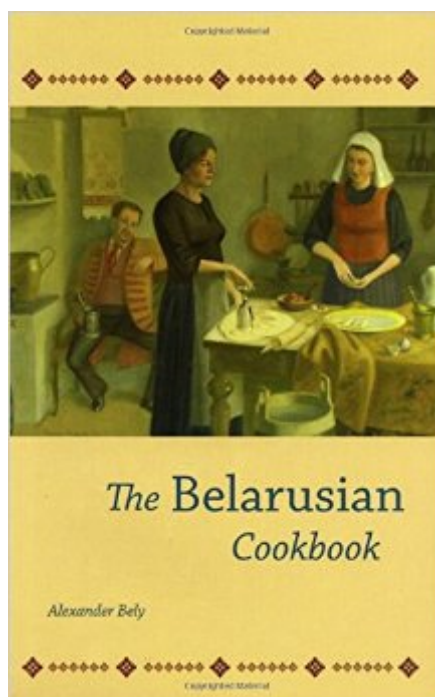


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# The Belarusian Cookbook (Hippocrene's Cookbook Library)



## Synopsis

This cookbook is a fascinating exploration of Belarusian history and food, as well as of the prominent Jewish influence on the cuisine. Alexander Bely, a historian and native of Belarus, carefully reconstructs traditional recipes, both of the peasants and aristocracy, with the aim of pleasing palates as well as restoring national culinary traditions, which have been largely eclipsed during the tumultuous last century.

## Book Information

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## Customer Reviews

Belarusian cuisine may be a unique niche to anyone outside of Eastern Europe, but Alexander Bely has put so much love and care in to this book that it makes it a very top tier cookbook. The recipes are explained with history behind them, something that is very precious since the squashing of Belarusian culture during the communist regime. It hits the essentials of Belarusian cuisine and goes beyond, and is a very good book that doesn't take much of an adventurous eater to get to try the recipes within.

The cuisine of Belarus owes much to its Russian and Ukrainian neighbors, but has its own unique flavor. "The Belarusian Cookbook" is the first cookbook of its kind. Focusing on the cuisine of these lesser known Slavic people, author Alexander Bely brings readers a sample of nearly two hundred Belarusian recipes such as Herring Fried in Batter, Simplest Babka, and Leavened Slizhyki, among other fine recipes. With more staples of the style of cooking and seasonal dishes for the holidays, "The Belarusian Cookbook" is a fine compendium for those looking for a new ethnic flavor to enjoy.

This is an amazing book! It has so many dishes and they are authentic! The book has loads of information about Belarusian history and it is written in a very easy-to read and interesting format. The book is written by a historian-gourmet that deeply loves his country. I am so pleased I bought this book. I am very excited to share these recipes with my children to familiarize them with Belarusian cuisine. Dziakuj!!!!

Great book and extremely interesting publishing house. Will definitely buy more from them. The book is for true authentic cuisine lovers. Must admit that recipes are not the ones you can not reproduce as most of the elements are impossible to find. All recipes contain modern ingredients and I am looking forward to trying them out. The book also gives a lot of useful historical and country facts they really add up "authentic flavour" to your cooking :)

Perfect collection of Belarusian recipes! As an immigrant from Belarus, I can assure you this is spot on! Great authentic recipes!

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